



WHAT WOULD YOU DO IF YOU COULD DO ANYTHING?

Audio Summary

Oh, the audio is so much richer and full of excellent examples and stories, but if you need to get a taste of the audio before you take the time to listen, here you go!

Many people say they don't know the answer to the question, "What Would You Do if You Could Do Anything? The truth is You know that you just aren't willing to let yourself believe your dreams are possible. Don't believe me? Watch this video telling the story of a young woman who asked herself that question in one of my workshops and then followed her answer to Bali. http://www.youtube.com/user/vickihannahlein#p/u/5/df3ip8NgaNg

With my coaching, you can follow your dream just as Sara did. You will make steady progress toward achieving your most cherished dreams.

Here are the three steps to help you do what you would most love to do in the world:

Three Steps to Becoming Who You are Meant to Be

Step One:

Give yourself permission to know what is inside you that wants to come out. Feel free to entertain a new idea and believe it is possible. Sincerely ask yourself what you would do if you could do anything, and I'll teach you to remove all your habitual objections.

Step Two:

Start right where you are now and then take the next step and then the next. Step Two is not covered in this audio in much detail. I will help you through this step successfully. This is what I do. I help people shatter the imaginary chains that stop them from advancing toward the life of their dreams!

Step Three:

Get support for the long haul.





It is easy to be inspired by a workshop, but what happens when you go home and the "suck of the mundane" grabs hold of you? You slide back into your comfort zone. Then a new workshop comes along, you sign up, you go and you get excited once more. Then, you leave the workshop and soon discover that you are sucked back into your routine again. Does that sound familiar? Step Three is not covered in this audio example.

Getting the support you need to succeed in becoming the person you were meant to be involves coaching. If you invite me to guide you out of the ruts you fall into, your feelings of joy and success will multiply. Neal Young said a man needs a maid, and I say seekers and entrepreneurs need a coach! Everyone who is accomplishing life inspiring change needs a coach. I have a coach, my coach has a coach, and her coach has a coach...

Nuggets to Remember:

- * As you move toward fulfilling your dreams, you need to be willing to disappoint or confuse others in your life. Change can do that!
- * Follow your bliss or it will stalk you. Your dreams call to you. Your purpose is yearning to be expressed. Imagine the joy you will feel when you become the person you are meant to be!
- * Not listening to your truth is hazardous to your health, your relationships, your energy level -- everything.

Beware of Change Back Behavior

Be ready for friends and loved ones to try to get you to live within their comfort zones. They may say they are trying to protect you and to keep you from being disappointed (bless their hearts). Truly, this is often a projection tof heir fears. Hold onto what you know to be true for yourself. As your coach, I will help you handle these situations. You will learn to side-step the energy of those who cast shadows on your dreams.

I'll remind you to love those people who project their fears upon you. If you think about it, you'll realize that you have done this too – especially to yourself! We are all doing the best we can. With my help, you will shatter the fears that stopped you from becoming the person you were meant to be.





Warning: It's not wise to take advice from unhappy people. I will help you see how you may have allowed the fears of others to hold you back.

Simple, Obvious, Yet Brilliant Activity: Google Your Dream

You may be surprised, educated and enlightened by the information you find! Here's what to do: Type in the Google search engine exactly what you want. Be specific. Be absurd! Ask for the "impossible."

Spend at least fifteen minutes searching Google for exactly what you want! Let yourself want what you want, let yourself want more than you deserve, be bold enough to want more than is even possible or fair. Above all, have fun!

Examples:

Living in Scotland for free Grants to teach English in Bali Setting up a group home for people with Alzheimer's Free coaching

Stay in the Game: Get a Coach

Are you ready to be coached? Are you willing to allow me to remove roadblocks from your path? Are you ready to hear yourself clearly? Groovy! Contact me at vicki@outrageousvisions.com and we'll get started.

Last Words of Advice:

Believe it is possible! It is possible! Be willing! Get support and stay in the game!